

JUILLET / JULY

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 D	07:06	73	1927	01:20	13:33	72
2 L	07:37	70	2002	01:55	14:08	67
3 M	08:11	64	2041	02:30	14:46	62
4 J	08:51	59	2127	03:05	15:27	56
5 V	09:41	53	2223	03:51	16:17	50
6 V	10:54	48	2332	04:40	17:13	47
7 S	---	---	---	05:38	18:15	46
8 D	00:46	47	13:36	06:42	19:19	50
9 L	01:55	53	14:36	07:46	20:22	58
10 M	02:57	63	15:29	08:47	21:20	69
11 M	03:54	75	16:19	09:44	22:16	82
12 J	04:47	87	17:07	10:37	23:10	93
13 V	05:37	97	17:55	101	11:29	---
14 S	06:26	103	18:44	104	12:20	100
15 D	07:14	105	19:32	103	05:53	13:09
16 M	08:01	101	20:20	97	01:43	13:59
17 M	08:49	93	21:09	88	02:32	14:49
18 M	09:37	82	22:01	75	03:22	15:41
19 J	10:33	69	23:03	63	04:15	16:37
20 V	11:49	57	---	---	05:11	17:38
21 S	00:23	52	13:13	49	06:12	18:43
22 D	01:42	47	14:19	47	07:19	19:51
23 L	02:46	48	15:10	50	08:24	20:53
24 M	03:35	53	16:01	56	09:21	21:47
25 M	04:15	60	16:26	63	10:10	22:33
26 J	04:49	66	16:59	69	10:51	23:13
27 V	05:21	71	17:31	74	11:29	23:50
28 S	05:51	75	18:03	77	---	12:04
29 D	06:20	78	18:34	78	00:24	12:37
30 L	06:48	78	19:04	78	00:57	13:10
31 M	07:16	77	19:36	76	01:31	13:44

AOUT / AUGUST

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 M	07:47	74	20:11	72	02:04	14:19
2 J	08:21	69	20:51	66	02:39	14:56
3 V	09:03	62	21:39	59	03:18	15:39
4 S	09:57	55	22:42	52	04:01	16:29
5 D	11:21	49	---	---	04:54	17:30
6 L	00:05	48	12:58	47	05:57	18:40
7 M	01:29	49	14:13	52	07:09	19:53
8 M	02:42	57	15:15	64	08:31	21:01
9 J	03:44	70	16:09	78	09:26	22:02
10 V	04:39	85	16:58	92	10:16	23:07
11 S	05:27	97	17:45	103	11:23	23:49
12 D	06:13	106	18:29	108	---	12:06
13 L	06:56	109	19:13	109	00:38	12:54
14 M	07:36	107	19:54	103	01:25	13:41
15 M	08:15	98	20:33	92	02:11	14:27
16 J	08:50	85	21:11	78	02:57	15:15
17 V	09:27	70	21:53	62	03:44	16:05
18 S	10:15	55	22:55	48	04:34	17:01
19 D	11:59	43	---	---	05:32	18:05
20 L	00:56	39	13:45	37	06:39	19:17
21 M	02:20	38	14:47	40	07:52	20:28
22 M	03:17	44	15:32	48	08:57	21:25
23 J	03:59	53	16:08	58	09:49	22:12
24 V	04:33	63	16:40	67	10:30	23:51
25 S	05:08	71	17:11	75	11:07	23:26
26 D	05:31	78	17:41	80	11:41	---
27 L	05:58	83	18:10	84	00:32	12:14
28 M	06:25	85	18:40	86	00:32	12:46
29 M	06:53	85	19:11	85	01:04	13:18
30 J	07:22	83	19:44	81	01:37	13:52
31 V	07:55	77	20:21	74	02:11	14:28

SEPTEMBRE / SEPTEMBER

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 S	08:33	70	21:06	65	02:48	15:09
2 D	09:21	60	22:08	55	03:31	16:57
3 L	10:39	51	23:44	47	04:22	18:37
4 M	---	---	12:34	45	05:26	18:13
5 M	01:19	45	13:59	48	06:44	19:36
6 J	02:35	54	15:05	61	08:05	20:51
7 V	03:36	69	15:59	77	09:13	21:52
8 S	04:27	85	16:47	93	10:11	22:45
9 D	05:12	99	17:29	105	11:02	23:33
10 L	05:53	108	18:09	111	11:50	---
11 M	06:30	110	18:47	110	00:19	12:35
12 M	07:06	108	19:22	104	01:03	13:19
13 J	07:38	99	19:55	92	01:46	14:02
14 V	08:09	85	20:27	77	02:28	14:51
15 S	08:42	69	21:03	63	03:10	15:41
16 D	09:24	53	21:53	46	03:57	16:22
17 L	10:35	39	23:52	34	04:50	17:24
18 M	---	---	12:55	31	05:17	18:39
19 M	01:50	31	14:12	33	07:16	19:56
20 J	02:52	38	15:03	43	08:28	20:58
21 V	03:36	49	15:42	55	09:21	21:44
22 S	04:09	61	16:15	66	10:03	22:23
23 D	04:38	71	16:45	76	10:40	22:58
24 L	05:08	80	17:15	84	11:14	23:31
25 M	05:32	87	17:45	89	11:47	---
26 M	06:00	91	18:15	92	00:04	12:20
27 J	06:29	92	18:47	91	00:37	12:53
28 V	07:00	90	19:21	87	01:10	13:28
29 S	07:34	84	19:59	80	01:46	14:06
30 D	08:12	75	20:45	69	02:25	14:48

OCTOBRE / OCTOBER

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 L	09:01	63	21:52	57	03:09	15:38
2 M	10:23	52	23:43	47	04:02	16:40
3 M	---	---	12:23	44	05:09	18:00
4 J	01:15	45	13:48	48	06:31	19:28
5 V	02:27	54	14:54	62	07:53	20:42
6 S	03:24	70	15:46	78	09:01	21:39
7 D	04:12	85	16:31	92	09:56	22:29
8 L	04:52	96	17:16	103	10:45	23:14
9 M	05:29	106	17:46	107	11:31	23:57
10 M	06:03	108	18:20	106	---	12:15
11 J	06:35	104	18:52	100	00:39	12:57
12 V	07:06	95	19:23	89	01:19	13:37
13 S	07:38	83	19:54	75	01:58	14:18
14 D	08:12	68	20:29	61	02:38	15:00
15 L	08:53	53	21:14	46	03:21	15:46
16 M	09:55	40	22:46	34	04:10	16:41
17 M	11:50	30	---	---	05:12	17:51
18 J	01:06	29	13:21	30	06:30	19:11
19 V	02:15	34	14:21	39	07:46	20:18
20 S	03:02	45	15:06	51	08:43	21:08
21 D	03:37	57	15:43	63	09:28	21:49
22 L	04:07	69	16:16	75	10:06	22:25
23 M	04:36	80	16:48	84	10:43	23:00
24 M	05:05	88	17:20	91	11:18	23:34
25 V	05:36	94	17:53	95	11:53	---
26 J	06:08	96	18:28	96	00:09	12:30
27 S	06:43	94	19:06	92	00:46	13:09
28 D	06:20	88	18:48	84	01:26	14:50
29 L	07:03	79	19:39	73	01:08	13:36
30 M	07:57	67	20:51	61	01:56	14:29
31 M	08:26	55	22:41	51	02:52	15:33

NOVEMBRE / NOVEMBER

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 J	11:12	48	---	---	04:00	16:52
2 V	00:05	49	12:33	52	05:19	18:14
3 S	01:12	57	13:37	63	06:37	19:24
4 D	02:07	69	14:30	76	07:43	20:20
5 L	02:53	82	15:13	87	08:38	21:03
6 M	03:31	92	15:51	95	09:27	21:59
7 M	04:05	97	16:24	99	10:12	22:35
8 J	04:37	99	16:56	97	10:55	23:15
9 V	05:09	95	17:28	93	11:35	23:54
10 S	05:42	89	17:59	84	---	12:14
11 D	06:15	79	18:31	74	00:32	12:53
12 L	06:51	68	19:05	62	01:09	13:32
13 M	07:32	56	19:47	50	01:49	14:14
14 M	08:25	45	20:52	40	02:34	15:01
15 J	09:44	35	22:57	33	03:29	16:00
16 V	11:14	32	---	---	04:36	17:11
17 S	00:20	33	12:25	36	05:48	18:22
18 D	01:15	40	13:19	45	06:52	19:21
19 L	01:57	51	14:04	57	07:43	20:07
20 M	02:33	63	14:43	69	08:27	20:48
21 M	03:06	75	15:21	81	09:08	21:27
22 J	03:40	85	15:58	90	09:48	22:05
23 V	04:15	93	16:36	95	10:28	22:45
24 S	04:52	97	17:17	98	11:10	23:27
25 D	05:32	97	18:00	95	11:54	---
26 L	06:15	83	18:48	89	00:11	12:40
27 M	07:04	85	19:45	80	00:57	13:29
28 M	08:04	74	20:58	69	01:48	14:24
29 J	09:22	64	22:25	60	02:45	15:25
30 V	10:51	57	23:43	55	03:49	16:35

DÉCEMBRE / DECEMBER

DATE	PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.
1 S	---	---	12:09	56	05:00	17:49
2 D	00:51	58	13:16	61	06:12	18:57
3 L	01:47	64	14:11	69	07:18	19:56
4 M	02:34	73	14:56	77	08:16	20:47
5 M	03:12	80	15:34	83	09:07	21:33
6 J	03:46	85	16:07	86	09:53	22:15
7 V	04:19	87	16:39	87	10:36	22:55
8 S	04:52	86	17:11	85	11:16	23:33
9 D	05:25	83	17:43	80	11:54	---
10 L	05:59	78	18:15	74	00:09	13:08
11 M	06:35	71	18:48	67	00:46	13:38
12 M	07:12	63	19:25	58	01:23	13:46
13 J	07:55	54	20:10	50	02:04	14:27
14 V	08:48	46	21:17	42	02:49	15:14
15 S	09:56	40	22:58	38	03:42	16:10
16 D	11:13	37	---	---	04:44	17:14

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 L	03:45	92	16:14	97	09:43	22:05	
2 M ●	<b>04:33</b>	<b>101</b>	<b>17:03</b>	<b>104</b>	<b>10:36</b>	<b>22:56</b>	
3 M	<b>05:20</b>	<b>106</b>	<b>17:51</b>	<b>107</b>	<b>11:28</b>	<b>23:46</b>	
4 J	<b>06:07</b>	<b>106</b>	<b>18:38</b>	<b>104</b>	<b>12:18</b>	<b>--</b>	
5 V	<b>06:55</b>	<b>101</b>	<b>19:25</b>	<b>96</b>	<b>00:35</b>	<b>13:08</b>	
6 S	07:42	91	20:13	85	01:24	13:57	
7 D	08:30	79	21:04	72	02:15	14:48	
8 L ☾	09:24	65	22:10	59	03:07	15:42	
9 M	10:38	54	23:35	49	04:04	16:42	
10 M	---	---	12:05	46	05:07	17:47	
11 V	00:47	44	13:15	44	06:14	18:53	
12 V	01:43	46	14:09	49	07:20	19:54	
13 S	02:27	52	14:52	55	08:17	20:45	
14 D	03:04	59	15:28	63	09:06	21:29	
15 L	03:39	66	16:01	69	09:48	22:07	
16 M	04:12	72	16:33	75	10:26	22:43	
17 M ☾	04:44	77	17:03	79	11:02	23:17	
18 J	05:15	80	17:32	81	11:36	23:51	
19 V	05:46	81	18:01	81	---	12:10	
20 S	06:18	80	18:31	79	00:24	12:44	
21 D	06:52	77	19:04	75	00:59	13:19	
22 L	07:30	72	19:43	69	01:36	13:57	
23 M	08:14	66	20:31	62	02:16	14:38	
24 M ☾	09:09	58	21:40	55	03:03	15:27	
25 J	10:21	52	23:17	50	03:57	16:25	
26 V	11:48	50	---	---	05:02	17:34	
27 S	00:41	51	13:09	54	06:14	18:48	
28 D	01:48	59	14:17	65	07:26	19:57	
29 M	02:46	72	15:16	79	08:32	20:58	
30 M ☾	03:37	86	16:07	93	09:31	21:53	
31 M ●	<b>04:25</b>	<b>99</b>	<b>16:54</b>	<b>103</b>	<b>10:25</b>	<b>22:44</b>	

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 J	<b>05:10</b>	<b>107</b>	<b>17:38</b>	<b>109</b>	<b>11:15</b>	<b>23:33</b>	
2 V	<b>05:53</b>	<b>109</b>	<b>18:19</b>	<b>108</b>	<b>12:03</b>	<b>---</b>	
3 S	<b>06:33</b>	<b>106</b>	<b>18:57</b>	<b>103</b>	<b>00:19</b>	<b>12:49</b>	
4 D	07:11	98	19:31	92	01:05	13:34	
5 L	07:46	85	20:04	78	01:50	14:19	
6 M	08:21	71	20:41	63	02:37	15:06	
7 M ☾	09:03	56	21:34	49	03:26	15:57	
8 J	10:09	43	23:24	39	04:22	16:56	
9 V	---	---	12:15	36	05:27	18:06	
10 S	01:01	35	13:37	37	06:38	19:18	
11 D	02:00	40	14:31	45	07:45	20:18	
12 L	02:44	50	15:12	55	08:40	21:06	
13 M	03:21	60	15:47	65	09:24	21:45	
14 M ☾	03:54	69	16:17	74	10:03	22:21	
15 J	04:25	78	16:46	81	10:39	22:56	
16 V	04:56	84	17:14	87	11:13	23:29	
17 S	05:26	88	17:43	90	11:47	---	
18 D	05:58	90	18:12	90	00:03	12:20	
19 L	06:31	89	18:45	87	00:37	12:55	
20 M	07:07	84	19:20	81	01:12	13:31	
21 M ☾	07:47	77	20:02	72	01:51	14:11	
22 V	08:36	67	20:50	62	02:37	14:58	
23 V	09:45	57	22:30	52	03:27	15:54	
24 S	11:24	49	---	---	04:31	17:03	
25 D	00:16	48	12:57	49	05:49	18:24	
26 L	01:34	54	14:09	60	07:10	19:42	
27 M	02:37	67	15:08	75	08:22	20:47	
28 M	03:28	83	15:57	90	09:21	21:41	

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 J	<b>04:13</b>	<b>97</b>	<b>16:39</b>	<b>102</b>	<b>10:12</b>	<b>22:30</b>	
2 V ●	<b>04:54</b>	<b>106</b>	<b>17:17</b>	<b>109</b>	<b>11:00</b>	<b>23:16</b>	
3 S	<b>05:31</b>	<b>110</b>	<b>17:52</b>	<b>109</b>	<b>11:44</b>	<b>---</b>	
4 D	<b>06:06</b>	<b>108</b>	<b>18:24</b>	<b>104</b>	<b>00:00</b>	<b>12:26</b>	
5 L	<b>06:38</b>	<b>100</b>	<b>18:54</b>	<b>94</b>	<b>00:42</b>	<b>13:07</b>	
6 M	07:08	88	19:23	81	01:23	13:47	
7 M ☾	07:39	74	19:57	66	02:04	14:28	
8 J	08:16	58	20:40	51	02:48	15:13	
9 V	09:06	44	21:51	38	03:37	16:05	
10 S	10:44	33	23:59	30	04:36	17:13	
11 D	---	---	12:54	30	05:50	18:33	
12 L	01:20	33	14:02	37	07:06	19:44	
13 M	02:14	43	14:47	49	08:07	20:36	
14 M	02:54	55	15:22	62	08:55	21:18	
15 J	03:28	68	15:58	74	09:34	21:55	
16 M	04:00	79	16:21	84	10:11	22:29	
17 M ☾	04:31	88	16:51	92	10:45	23:04	
18 D	05:03	94	17:21	96	11:20	23:38	
19 L	05:36	98	17:52	98	11:54	---	
20 M	06:10	97	18:25	95	00:13	12:30	
21 M	06:46	92	18:02	88	00:51	13:08	
22 V	07:27	84	19:43	78	01:31	13:50	
23 V	08:16	72	20:37	66	02:16	14:37	
24 S	09:30	59	22:10	53	03:09	15:35	
25 D	---	---	12:19	49	05:15	17:46	
26 L	01:02	47	13:50	48	06:36	19:10	
27 M	02:23	52	15:00	58	08:01	20:34	
28 M	03:25	66	15:55	73	09:12	21:34	
29 J	04:15	81	16:40	88	10:07	22:26	
30 V	04:57	94	17:18	98	10:56	23:13	
31 S ●	<b>05:33</b>	<b>102</b>	<b>17:51</b>	<b>104</b>	<b>11:40</b>	<b>23:57</b>	

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 D	<b>06:06</b>	<b>105</b>	<b>18:22</b>	<b>105</b>	<b>---</b>	<b>12:21</b>	
2 L	<b>06:37</b>	<b>103</b>	<b>18:52</b>	<b>100</b>	<b>00:38</b>	<b>13:00</b>	
3 M	07:07	96	19:22	92	01:18	13:38	
4 M	07:36	86	19:53	80	01:56	14:15	
5 J	08:08	74	20:27	67	02:33	14:53	
6 V	08:42	60	21:08	53	03:13	15:33	
7 S	09:26	46	23:56	40	03:56	16:21	
8 D ☾	10:42	35	22:52	31	04:49	17:22	
9 L	---	---	12:59	29	05:58	18:41	
10 M	01:26	30	14:19	34	06:27	19:58	
11 M	02:29	39	15:10	45	08:25	20:56	
12 J	03:16	52	15:48	59	09:16	21:41	
13 V	03:55	65	16:20	72	09:59	22:21	
14 S	04:30	78	16:52	84	10:37	22:58	
15 D	05:04	89	17:24	93	11:14	23:35	
16 L ☾	<b>05:38</b>	<b>97</b>	<b>17:57</b>	<b>100</b>	<b>11:51</b>	<b>---</b>	
17 M	<b>06:14</b>	<b>101</b>	<b>18:32</b>	<b>102</b>	<b>00:12</b>	<b>12:28</b>	
18 M	<b>06:52</b>	<b>101</b>	<b>19:09</b>	<b>99</b>	<b>00:51</b>	<b>13:08</b>	
19 J	07:32	96	19:49	92	01:32	13:49	
20 V	08:17	87	20:34	81	02:16	14:35	
21 S	09:12	75	21:34	68	03:04	15:25	
22 D	10:35	62	23:09	56	04:00	16:25	
23 L	---	---	12:17	52	05:08	17:37	
24 M	00:49	50	13:39	51	06:27	18:58	
25 M	02:07	55	14:45	59	07:48	20:13	
26 V	03:08	65	15:36	71	08:54	21:15	
27 V	03:57	77	16:18	82	09:48	22:07	
28 S	04:36	87	16:53	91	10:34	22:53	
29 D	05:09	93	17:23	95	11:17	23:36	
30 L ●	<b>05:40</b>	<b>96</b>	<b>17:54</b>	<b>100</b>	<b>11:57</b>	<b>---</b>	

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 M	06:10	94	18:24	92	00:16	12:34	
2 M	06:40	89	18:56	86	00:53	13:10	
3 J	07:11	82	19:29	77	01:30	13:46	
4 V	07:43	72	20:04	67	02:06	14:21	
5 S	08:17	61	20:45	56	02:43	15:00	
6 D	08:58	50	21:37	45	03:23	15:44	
7 L	09:59	40	22:55	37	04:11	16:40	
8 M ☾	11:53	34	---	---	05:10	17:49	
9 M	00:23	34	13:22	35	06:21	19:02	
10 J	01:34	39	14:21	43	07:31	20:05	
11 V	02:29	49	15:06	55	08:29	20:57	
12 S	03:15	62	15:44	68	09:17	21:41	
13 D	03:57	75	16:20	81	10:00	22:23	
14 L	04:36	86	16:57	91	10:41	23:05	
15 M ☾	05:16	96	17:35	99	11:22	23:47	
16 M	<b>05:57</b>	<b>101</b>	<b>18:15</b>	<b>102</b>	<b>---</b>	<b>12:04</b>	
17 J	<b>06:39</b>	<b>102</b>	<b>18:57</b>	<b>100</b>	<b>00:31</b>	<b>12:48</b>	
18 V	07:25	98	19:43	94	01:17	13:35	
19 S	08:16	90	20:36	84	02:05	14:24	
20 D	09:17	79	21:40	72	02:57	15:17	
21 M ☾	10:37	67	23:04	62	03:54	16:17	
22 M	---	---	12:03	58	04:58	17:25	
23 M	00:30	56	13:19	55	06:10	18:38	
24 J	01:44	57	14:22	59	07:23	19:48	
25 V	02:46	62	15:13	66	08:28	20:50	
26 S	03:35	70	15:54	73	09:22	21:44	
27 D	04:14	77	16:28	79	10:10	22:31	
28 L	04:47	81	16:58	83	10:53	23:14	
29 M ●	05:18	84	17:30	84	11:32	23:54	
30 M	05:49	84	18:03	83	---	12:10	
31 J	06:20	81	18:36	80	00:31	12:45	

DATE		PLEINES MERS HIGH TIDE			BASSES MERS LOW TIDE		
	Matin	Soir	Coef.	Matin	Soir	Coef.	
1 V	06:51	77	19:10	74	01:07	13:20	
2 S	07:23	71	19:46	68	01:42	13:55	
3 D	07:57	64	20:26	60	02:18	14:33	
4 L	08:23	56	21:10	52	02:56	15:14	
5 M	09:35	49	22:07	45	03:38	16:03	
6 M ☾	10:37	43	23:19	41	04:28	17:00	
7 J	---	---	12:12	41	05:27	18:05	
8 V	00:32	41	13:25	44	06:32	19:09	
9 S	01:37	47	14:20	52	07:35	20:07	
10 D	02:33	57	15:08	63	08:31	21:00	
11 L							